

The logo for KNY SNA FINE ART is centered within a light grey square. The text 'KNYSNA' is on the top line and 'FINE ART' is on the bottom line, both in a dark red, sans-serif font.

KNYSNA FINE ART

CARMEN CLEWS

ABOUT THE ARTIST

“There are two things that have helped me align with the blueprint of my life and that I am deeply grateful for, one is sculpture and the other is yoga. Both of them take me to a place of pure bliss, taking me out of my thinking mind, away from ego and to a place of love and expansion...

I realised I was a sculptor twenty years ago when I experienced a remarkable dream showing me so. The very next morning I signed up to start a sculpture course; it was like falling in love and coming home all at the same time. From then on, I made radical changes in my life, resulting in a happier one...it was like coming back on track to my original blueprint.

Five years later I found yoga which was the next stage in my transformation. A further alignment and an incredible tool to help shed layers of ego to get to the core of who I really am”.

Carmen currently lives in The Craggs, Plettenberg Bay and is a published author, active artist, blissful biodanza facilitator and a transcending yogi.